



Shotokan
KARATE club
Etten-Leur

Versie oktober 2021

Examenprogramma Ryukyu Kobujutsu						
Module 1 Bo Jutsu	5 kyu	4 kyu	3 kyu	2 kyu	1 kyu	1 Dan
Kihon Kata: kamae,uke, seme.						
Kata: Shuji no kon sho						
Kata Shuji no kon dai						
Kata bunkai (keuze 2x4)						
Ippon kumite 1-10						
15 basic kumite						
Bo Shuji Comprehensive kumite (5)						
Module 2 Sai Jutsu						
Kihon Kata						
Kata: Tsukenshitahaku						
Kata: Bunkai keuze (4)						
Ippon kumite 1-9						
Renzoku kumite						
Sai Comprehensive kumite (5)						
Module 3 Tonfa Jutsu						
Kihon Kata						
Kata: Hamahiga						
Kata: Bunkai Kumite						
Ippon Kumite 1-10						
Renzoku Kumite						
Tonfa Comprehensive kumite (5)						
1e Dan: ALLE MODULES.						